## Krause Community Breakfast & Lunch

## **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** 1<sup>ST</sup> 2ND Serving times: **Summer Break** Breakfast: 7 am - 8 am Lunch: 12 pm - 1 pm 5<sup>TH</sup> **7**TH 8<sup>TH</sup> Sausage & Egg Breakfast Taco **q**TH Cinnamon Toast Sausage & Egg Biscuit French Toast Crunch Cereal Orange Juice Pear Cup **Dried Cranberries** Fresh Apple Mixed Fruit Cup Fresh Strawberries Fresh Orange Grape Jelly **Summer** Fresh Orange Syrup Picante Sauce Pepperoni Pizza Popcorn Chicken Smackers Black Forest Ham & Cheese Sandwich Cheeseburger **Break** Green Beans Fresh Sandwich Trimmings. w/Roll Cool Ranch Doritos Refried Beans, Tater Tots Marinara Sauce Fresh Cucumber Slices Fresh Baby Carrots Pear Cup Mashed Potatoes Sandwich Trimmings, Applesauce Strawberry Cup Strawberry Cup, Fresh Watermelon Fresh Strawberries Fresh Apple Fresh Orange Sausage, Egg, Cinnamon French Bacon & Egg Breakfast Taco 12<sup>TH</sup> Chocolate Pop Tart 16<sup>TH</sup> 13<sup>TH</sup> Toast Sticks & Cheese Croissant Mixed Fruit Cup Apple Juice Applesauce Cup Mixed Fruit Cup Fresh Orange Fresh Orange Fresh Strawberries, Syrup Fresh Apple, Grape Jelly Picante Sauce Summer Tangerine Chicken w/ Fried Rice & Crispy Chicken Burger w/Cheese Hamburger Chicken Bites w/ Roll Egg Roll Fresh Sandwich Trimmings Fresh Sandwich Trimmings **Break** Charro Beans Fresh Cucumber Slices Sweet Potato Fries Seasoned Curly Fries Fresh Side Salad Green Beans Raspberry Applesauce Pear Cup Mixed Fruit Cup Fresh Apple Fresh Strawberries Fresh Watermelon Fresh Orange Strawberry Cup $20^{TH}$ Sausage & Egg Biscuit 19<sup>TH</sup> **21**ST 23<sup>RD</sup> French Toast 22NDSausage & Egg Breakfast Taco WG Strawberry Pop Tart Pear Cup **Dried Cranberries** Orange Juice Fresh Apple Fresh Strawberries Fresh Orange Fresh Apple Strawberry Cup (Frozen) Syrup Picante Sauce Grape Jelly **JUNETEENTH** Black Forest Ham & Cheese Sandwich Chicken Tenders w/ Roll WG Mini Corn Dogs WG Grilled Cheese Cool Ranch Doritos Fresh Cucumber Slices Green Beans (Canned) Paradise Punch Juice Fresh Baby Carrots Mashed Potatoes Frozen Curly Fries Sweet Potato Fries **HOLIDAY** Fresh Sandwich Trimmings Strawberry Applesauce Pear Cup (canned) Diced Peaches (Frozen) Applesauce Fresh Watermelon Fresh Orange Fresh Orange Fresh Strawberries Cinnamon French 29<sup>TH</sup> Bacon & Egg Breakfast Taco Sausage, Egg, 26<sup>TH</sup> Chocolate Pop Tart 28<sup>TH</sup> 30<sup>TH</sup> Toast Sticks & Cheese Croissant Apple Juice Applesauce Cup Mixed Fruit Cup Mixed Fruit Cup Fresh Orange Fresh Strawberries, Syrup Fresh Orange, Picante Sauce Fresh Apple, Grape Jelly **Summer** General Tso's w/Fried Rice Crispy Chicken Burger w/Cheese Chicken Bites w/Roll Bacon Cheeseburger & Egg Roll Charro Beans Fresh Sandwich Trimmings Fresh Sandwich Trimmings **Break** Fresh Cucumber Slices Seasoned Curly Fries Fresh Side Salad Sweet Potato Fries

Strawberry Cup

Fresh Watermelon

## MENU 2023 GEAR UP FOR PUSH-UP CHALLENGE

## **ANNOUNCEMENTS:**

1% White Milk & FF Chocolate Milk offered with each meal.

Water offered at no charge at each meal.

Meals subject to change based on availability.





Pear Cup

Fresh Strawberries

Green Beans

Strawberry Cup, Fresh Apple

Mixed Fruit Cup

Fresh Orange